

THE SPA AT THE POST OAK HOTEL



A LEGACY OF BEAUTY AND EXCELLENCE

The Post Oak Hotel invites you to indulge in a world of unparalleled wellness at Texas' only Forbes Five-Star spa, where transformative healing is at the heart of each lavish treatment. Inspired by the diverse international heritage of Houston and the ceremonial anti-aging rituals of ancient cultures, our ethos follows a holistic approach to authentic well-being and lasting beauty using the latest innovations in skincare techniques. Seeking pure indulgence, glamorous pampering, or a cultural experience, escape it all at The Post Oak Hotel.

The Spa at The Post Oak Hotel is the sole facility in Texas to offer the six-in-one "In-Skin" facial machine, as well as the exclusively designed, two-hour Ritual of Five Worlds treatment.



FACILITIES & AMENITIES

Surrender to serenity with our flawless facilities and exclusive, curated amenities. From our eco-friendly and socially conscious serums and lotions, to our comforting tea service, everything is meticulously selected with you in mind. The Spa is located on the fifth floor of the hotel.

HOURS

Monday – Saturday: 8:00am – 8:00pm
Sunday: 9:00am – 6:00pm

- 20,000 Square feet located on the 5th floor
- Five multi-functional treatment rooms for massages, body treatments and facials
- One couples Suite for massage, body treatments and facials
- Men's and Women's facilities include lockers equipped with slippers, plush bathrobe, bath towel, USB phone charger and separate compartments for belongings
- Wet areas include an aroma steam room, tranquility pool, multi-sensory shower, sauna, decorative flaked ice fountain, body-contouring warm lounges and sitting area
- Co-Ed Quiet room with lounges, zero gravity chairs and refreshment station
- Spa reception and spa boutique offering a variety of spa products and athleisure wear
- Complimentary tea, infused gem water, light snacks and fresh fruit
- Herbal infused warm neck wraps
- Eucalyptus Hand Towels

For additional information, please contact our spa at 346.227.5142 or spa@thepostoak.com

TERMS & CONDITIONS

BOOKING: Advance booking is recommended, however walk-ins are welcome and based on availability.

ARRIVAL: We encourage you arrive 45 minutes to an hour prior to your scheduled appointment so you have time to unwind and enjoy our array of amenities.

CANCELLATION: A 100% charge will be incurred for any treatment not cancelled at least 24-hours prior to your scheduled time.

RETAIL: Allow your experience with us to last far beyond your visit by purchasing exclusive body and skin care products from our beautiful spa boutique.

GROUPS: We recommend for all groups of 7 guests or more to book in advance in order to ensure proper group planning and spa availability. A group service charge of 22% will automatically applied to all spa services.